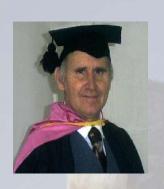




#### Who is your seminar author?



Lionel Hartley, author, radio broadcaster, public speaker and retired sociologist.

He was a Lifestyle Educator and Family-life Counsellor for three decades.



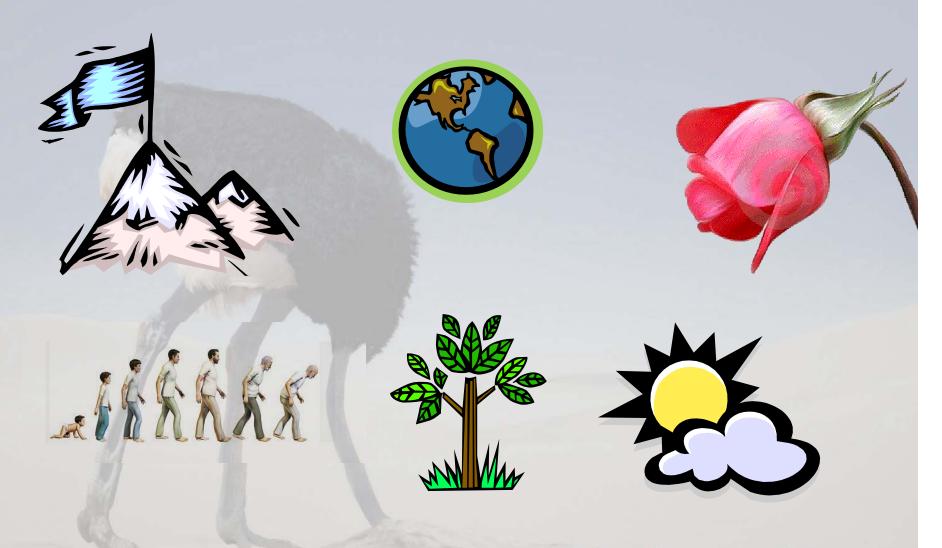
He is a grandparent, married to Rosemary with three grown children.

Lionel D C Hartley, DipAdmin(NZIM), HonDip (DramArt), DipTheol (SDB), RGN (Psy, PsyPaed, Admin, Nutn), Dip Bus Law, Dip Econ, Dip Accy, BA (Lit), MA, PhD [etc.]

www.hartleyonline.blogspot.com

We welcome your participation in today's seminar. Time will be allowed at the end for your questions.

#### Name five things in nature that don't change



#### The Ugly Truth



- 1. "Stability" is a lie
- 2. There is no "normal"

3. We are living in the "good old days"

"Change is avalanching down upon our heads, and most people are grotesquely unprepared to cope with it."

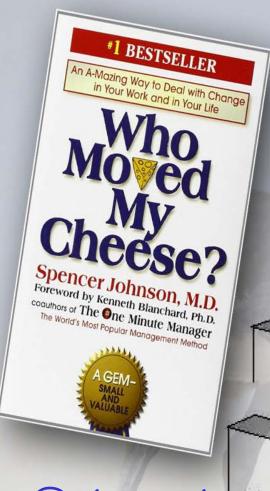
Alvin Toffler, Future Shock

#### **How People Change**

- Sudden, uninvited changes
- Long-anticipated change
- Everyday changes
- Changes in habits
- Improving your skills or aptitudes
- Changing your limiting beliefs

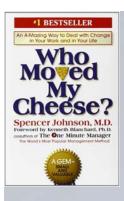
#### **Overcoming Barriers to Change**

- Neuro Linguistic Programming
- "Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect." Romans 12:2

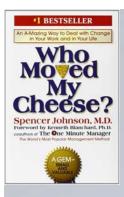


### Who Moved My Cheese?

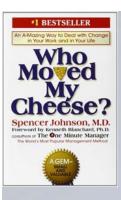
Strategies for Change



# Having Cheese Makes You Happy



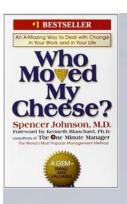
#### The More Important Your Cheese is To You, The More You Want To Hold Onto It.



# If You Do Not Change,

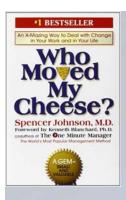
#### You Can Become Extinct





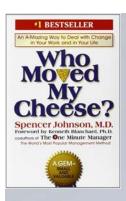
#### What Would You Do If You Weren't Afraid?



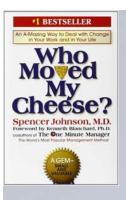


#### Smell The Cheese Often So You Know When It Is Getting Old.



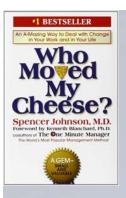


#### Movement In A New Direction Helps You Find New Cheese.

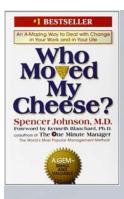


# When You Move Beyond Your Fear,

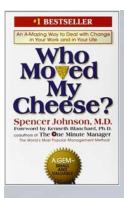
You Feel Free.



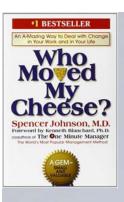
#### *Imagining* Myself Enjoying New Cheese, Even **Before** I Find It, Leads Me To It.



#### The Quicker You Let Go Of Old Cheese, The Sooner you Find New Cheese.

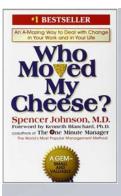


#### It Is Safer To Search In The Maze Than Remain In The Cheeseless Situation.

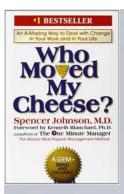


#### Old Beliefs Do Not Lead You To New Cheese.

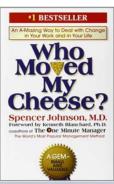




#### When You See That You Can Find And Enjoy New Cheese, You Change Course.



#### Noticing Small Changes Early Helps You Adapt To The Bigger Changes That Are To Come.



#### The Handwriting on the Wall



**Change Happens** 



**Anticipate Change** 



**Monitor Change** 



**Adapt To Change Quickly** 



Change



**Enjoy Change** 



Be Ready To Change Quickly & Enjoy It Again.









# If You Do Not Change,

You Can Become Extinct



Group activity

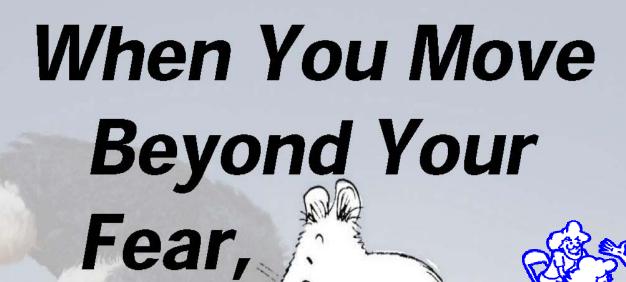












You Feel Free.

Group activity

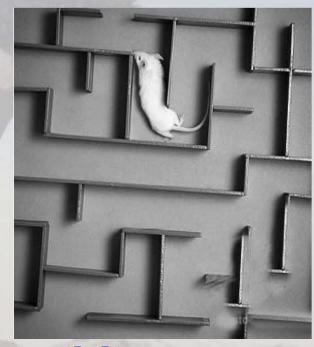




Group activity

It Is Safer To Search In The Maze Than Remain In The Cheeseless Situation.

#### Old Beliefs Do Not Lead You To New Cheese.



Group activity

When You See That You Can Find And Enjoy New Cheese, You Change Course.

Group activi

Noticing Small Changes Early Helps You Adapt To The Bigger Changes That Group activity Are To Come.

### The Handwriting on the Wall

- Change Happens
- **Anticipate Change**
- Monitor Change
- Adapt To Change Quickly
- Change
- Enjoy Change
- Be Ready To Change Quickly & Enjoy It Again.

### Avoiding the cycle of change fatigue

- Six Categories of Reactions to Change
- 1. Taking Charge
- 2. Loyally Implementing
- 3. Putting up with it
- 4. Paralysis
- 5. Exiting
- 6. Sabotaging





Phase 1: Identify

Phase 1: Identify

Phase 2: Investigate

Phase 1: Identify

Phase 2: Investigate

Phase 3: Analyse

Phase 1: Identify

Phase 2: Investigate

Phase 3: Analyse

Phase 4: Act

Phase 1: Identify

Phase 2: Investigate

Phase 3: Analyse

Phase 4: Act

Phase 5: Monitor, Manage and Control

### Leadership is different from management

Managers Deal With Complexity

Leaders Cope With Change

### Poorly planned Change is About ...

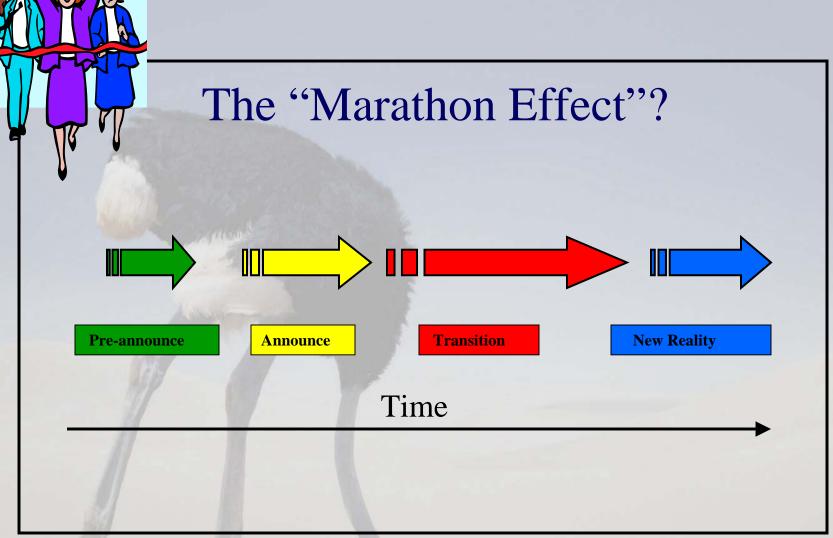
#### Fear of a potential loss:

- ✓ Security, confidence & sense of well-being
- **✓** The familiar
- ✓ Sense of ownership & entrepreneurial spirit
- **✓ Taking Risk**
- ✓ Personal identity
- ✓ Structure & clarity
- ✓ Direction
- **✓** Control
- ✓ Power & influence
- **✓** Friends & colleagues
- **✓** Importance in the eyes of family & friends
- **✓** Networks & information
- ✓ Knowledge & experience

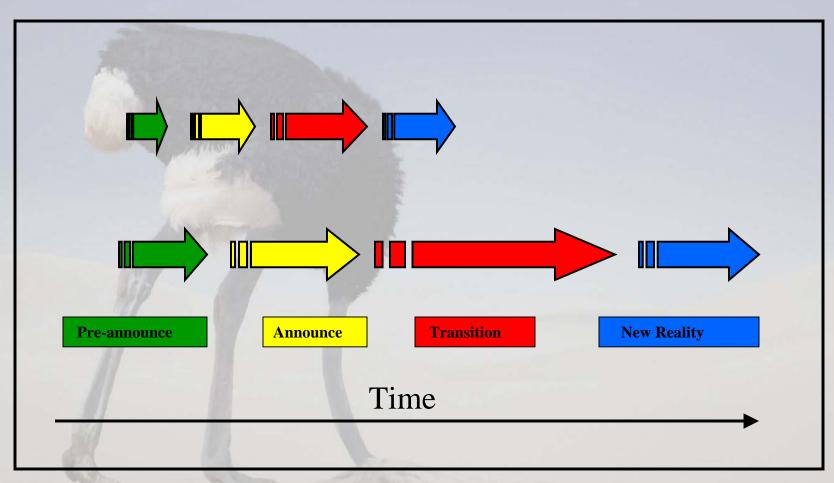


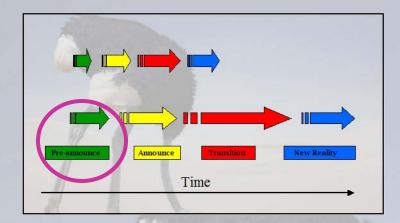


#### Organizational Change Process



### Minimizing The "Marathon Effect" Taking The High Road To Change



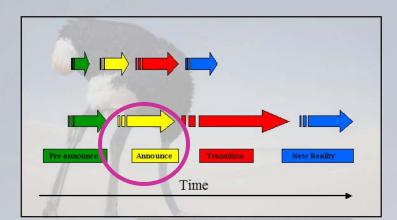


#### "Pre-announce"

#### What People May Feel

- Stability
- Confidence
- Sense of routine
- Familiarity
- Anxiety from rumours

- "Business as usual"
- Teamwork
- Supportiveness
- Productivity drops due to rumor anxiety



#### **Grief Response**

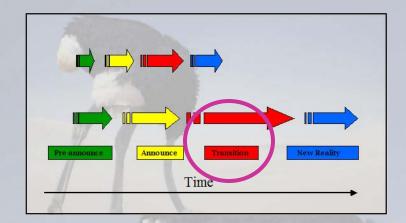
- Shock, Chaos & Confusion
- Denial, Disbelief & Self-Isolation
- Bargaining
- Anger
- Panic
- Depression, Discouragement
- Resignation
- Acceptance & Accommodation

#### "Announce"

#### **What People May Feel**

- Some degree of "grief response" begins
- Focus on the "good old days"
- Victim mentality
- Betrayed
- Empty
- Anxious

- Avoiding reality
- Losing interest in "work in progress"
- Too intense
- Disoriented
- May try to move past this phase too quickly

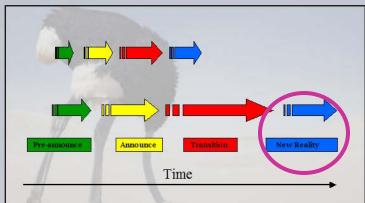


#### "Transition"

#### **What People May Feel**

- Increased anxiety
- Selfishness & survival
- Self doubt/self-protective
- Distrust/cynicism/resentment
- Ineffective
- Lethargic
- Overloaded

- Increase absenteeism & turnover
- Quit & leave or quit & stay
- Old resentments re-emerge
- Confused priorities
- Consensus & teamwork break down
- Increased conflicts & miscommunication
- Finally, opportunities for innovation start to emerge



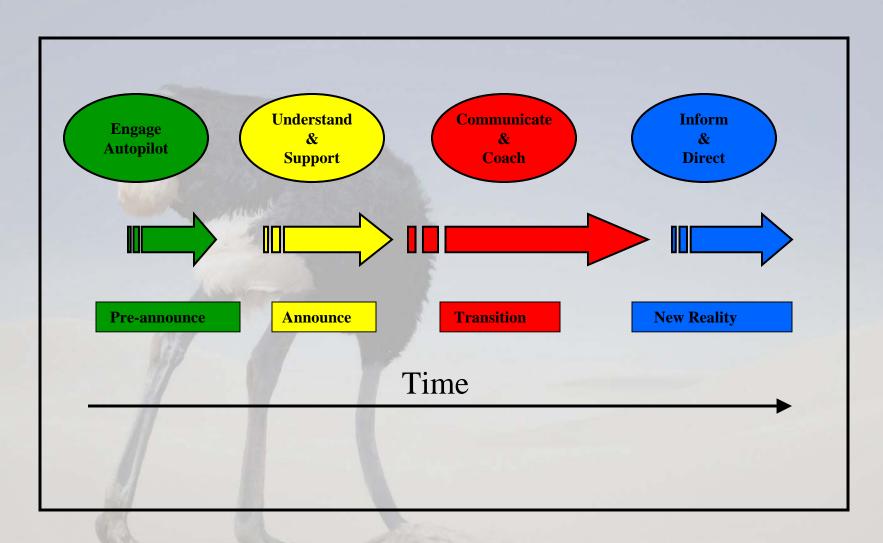
### "New Reality"

#### What People May Feel

- Old anxieties reactivate
- Fear of the gamble (will this really work?)
- Can I make it? Visits from "Ghosts of Failures Past"
- Ambivalence
- Naked the cover of confusion in the "Transition" goes away
- Fear of accountability & pressure
- Finally, EXCITEMENT

- Resistance
- Avoidance
- Hesitation
- Tentative acceptance
- Questioning
- Increased energy
- Commitment

#### What Leaders Need To Do?



## The Top 10 Mistakes

- 1. Being too "logical" (clinical)
- 2. Being "too positive"
- 3. Saying "they've already been told"
- 4. Arguing that "they aren't affected"
- 5. Saying "trust us"
- 6. Forgetting about yourself
- 7. Allowing the "marathon affect" to take over
- 8. Imagining that "what they don't know won't hurt them"
- 9. Breaking the news a little at a time
- 10. Falling into the "destination fallacy"

## **Taking The High Road**

- 1. Setting expectations about change
- 2. Creating A "change-friendly" culture
- 3. Apply good marketing principles internally
- 4. Use known "best practices" for initiating change

### **10 Best Practices**

- 1. Answer "Why"
- 2. Identify/create a compelling rationale sense of urgency



- 3. Enlist a willing champion & an oversight function
- 4. Form a powerful coalition
- 5. Paint a picture
- 6. Create a plan that aligns the organization
- 7. Communicate
- 8. Start with short-term wins
- 9. Learn from the process & modify-on-the-fly
- 10. Conduct a post mortem incorporate learning next time

## How to Deal with Change

- 1. Notice change
- 2. Face your feelings about the change
- 3. When to accept and when to reject
- 4. Adopt an attitude of anticipation, and be grateful
- 5. Choose your thoughts and attitudes
- 6. Learn to relax (more)
- 7. Set smart goals

## Why is change necessary?





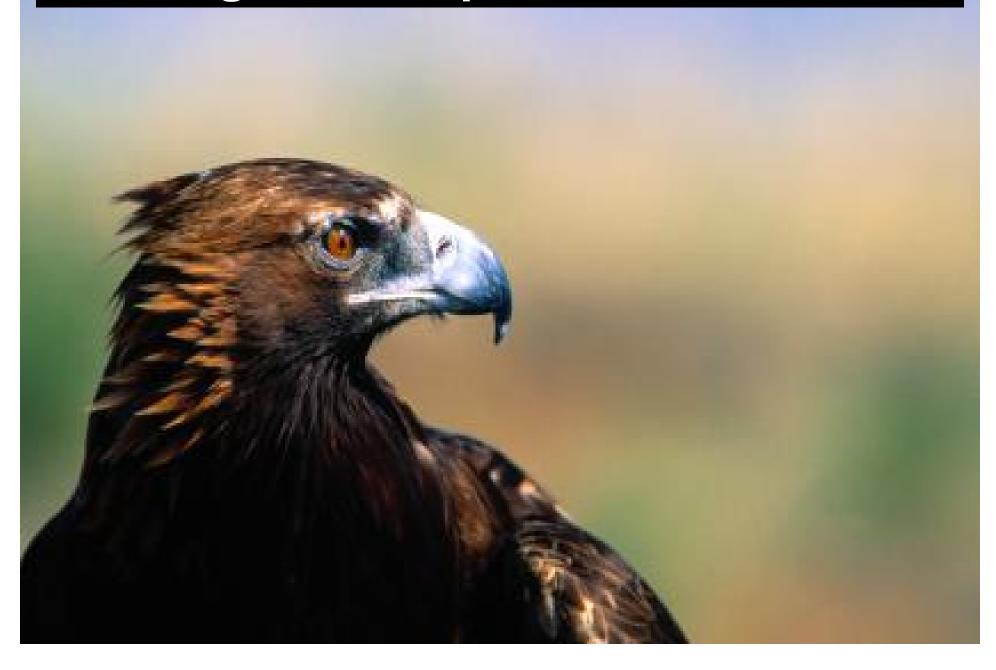
The eagle has the longest life-span of her species

# She can live up to 70 years. But to reach this age, the eagle must make a hard decision.





## Her long and sharp beak becomes bent



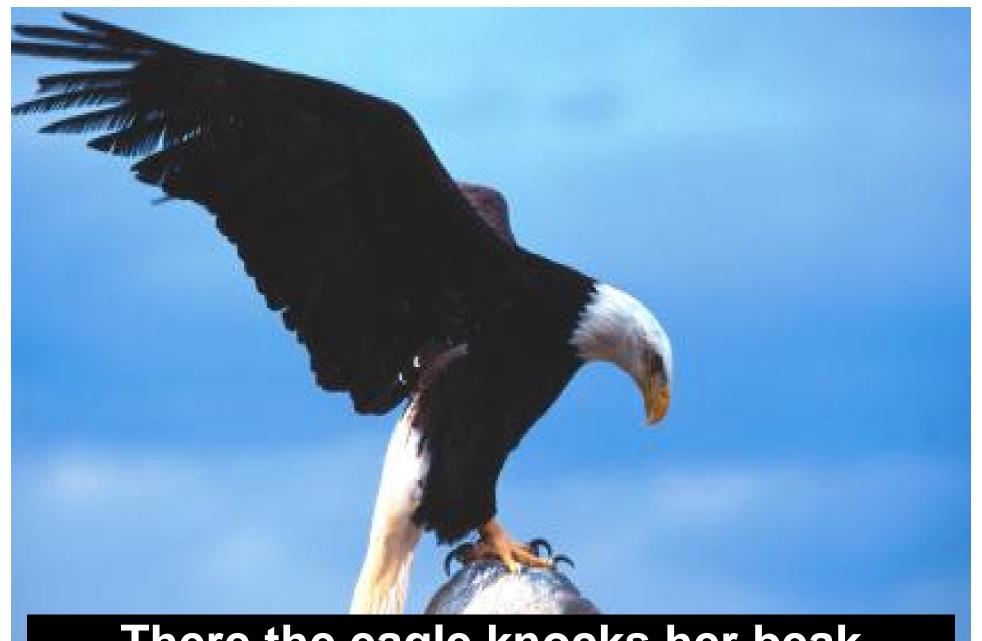
Her old-aged and heavy wings, due to their thick feathers, become stuck to her chest and make it difficult to fly.



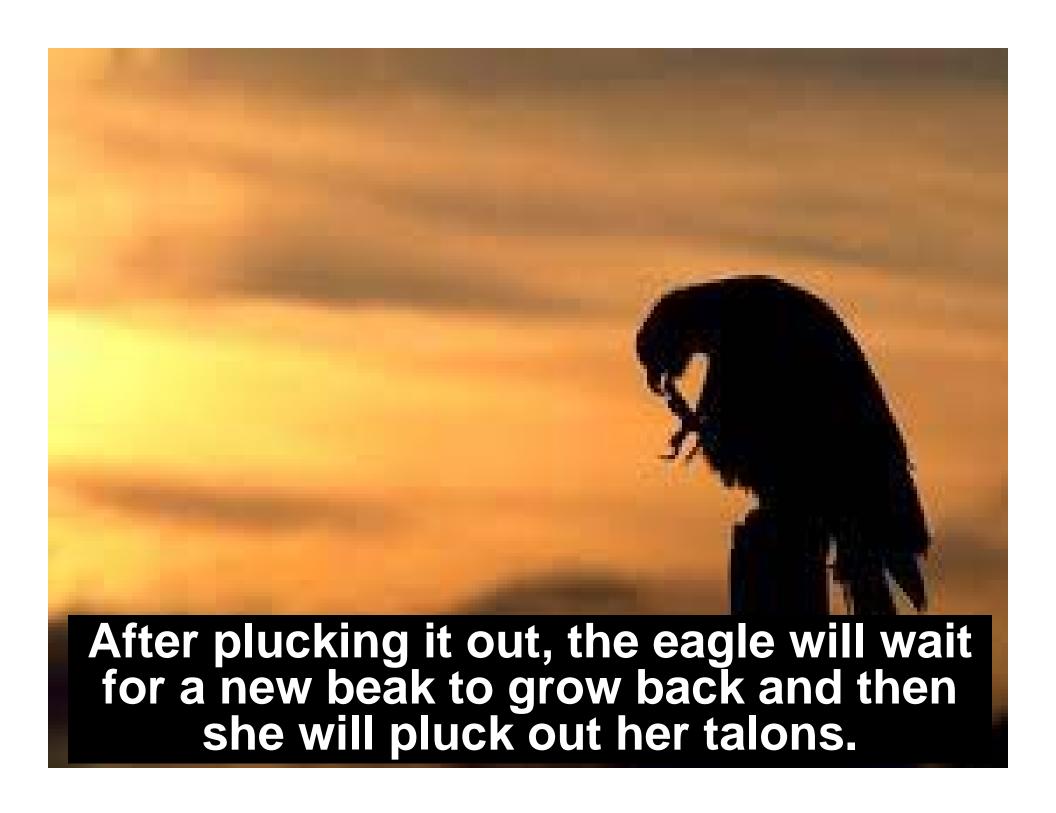


Then, the eagle is left with only two options: die or go through a painful process of change which lasts 150 days.





There the eagle knocks her beak against a rock until she plucks it out.





When her new talons grow back, the eagle starts plucking her old-aged feathers.

## And after five months, the eagle takes her famous flight of rebirth and lives for













# Coping with change







From church focus to Christ focus



www.lrhartley.com/change

From church focus to Christ focus

following Jesus to see what church forms round him.



From church focus to Christ focus

• following Jesus to see what church forms round him.

From settled church to church as a movement



From church focus to Christ focus

following Jesus to see what church forms round him.

From settled church to church as a movement

 going where people are rather than waiting for people to come.

From church focus to Christ focus

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 going where people are rather than waiting for people to come.

From a culture of guilt to a culture of grace

From church focus to Christ focus

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From settled church to church as a movement

 going where people are rather than waiting for people to come.

From a culture of guilt to a culture of grace

freeing people to risk and fail.

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From settled church to church as a movement

 going where people are rather than waiting for people to come.

From a culture of guilt to a culture of grace

freeing people to risk and fail.

From running congregations to building communities

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 going where people are rather than waiting for people to come.

From a culture of guilt to a culture of grace

freeing people to risk and fail.

From running congregations to building communities

working towards a relational reformation.

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From isolation to interdependence

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From settled church to church as a movement

 going where people are rather than waiting for people to come.

From a culture of guilt to a culture of grace

freeing people to risk and fail.

From running congregations to building communities

working towards a relational reformation.

From isolation to interdependence

encouraging churches to work together.

From individualism to teamwork



www.lrhartley.com/change

From individualism to teamwork

seeing teamwork as essential to all ministry.



www.lrhartley.com/change

From individualism to teamwork

seeing teamwork as essential to all ministry.

From top down church to upside down church

From individualism to teamwork

seeing teamwork as essential to all ministry.

From top down church to upside down church

putting the local church at the centre of the agenda.

From individualism to teamwork

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From centralised resources to development resources

From individualism to teamwork

seeing teamwork as essential to all ministry.

From top down church to upside down church

putting the local church at the centre of the agenda.

From centralised resources to development resources

• releasing funds to encourage local vision.

From individualism to teamwork

seeing teamwork as essential to all ministry.

From top down church to upside down church

putting the local church at the centre of the agenda.

From centralised resources to development resources

releasing funds to encourage local vision.

From faith as security to faith as risk

From individualism to teamwork

seeing teamwork as essential to all ministry.

From top down church to upside down church

putting the local church at the centre of the agenda.

From centralised resources to development resources

releasing funds to encourage local vision.

From faith as security to faith as risk

looking for new courage to break out of old routines.



# **Applications**

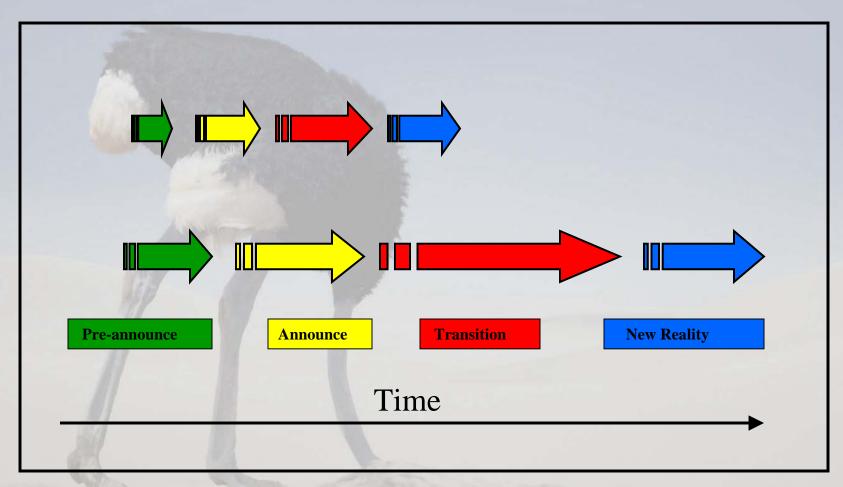
- Initiating a reorganization
- Initiating a "down sizing"
- Rolling out a new compensation program
- Rolling out major, new processes
- Mergers and Acquisitions
- New company vision/direction
- Implementing new systems
- Being new to a company
- After a promotion
- Many others...

#### Do a "stake-holder" analysis:

- **✓ WIIFT?** (Benefits)
- **✓ Objections** (Threats)
- **✓** What will change (Why)
- ✓ What won't (Why)
- **✓** Tailored plan of attack
- **✓** Triangulate
- **✓ Reassess periodically**
- **✓** Modify game plan

#### Minimizing The "Marathon Effect"

Leader's Greatest Challenge?



#### Minimizing The "Marathon Effect"

Communicating in "Transition".

