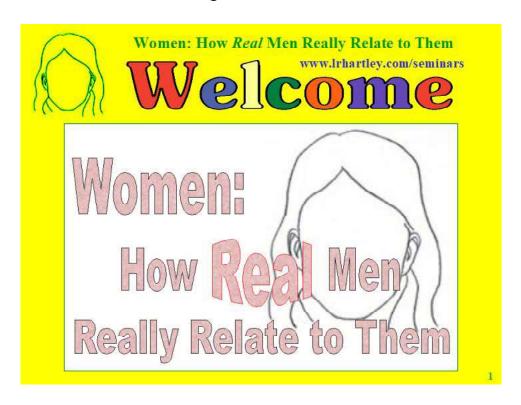
"Women: How Real Men Really Relate to Them."

Preamble: Since approximately half the world's population is female, a man who can't get on with women has a serious handicap. Dr Hartley will share tested and proven biblical principles for relating with our mothers, sisters, daughters, female business colleagues, wives, potential wives, and women in general.

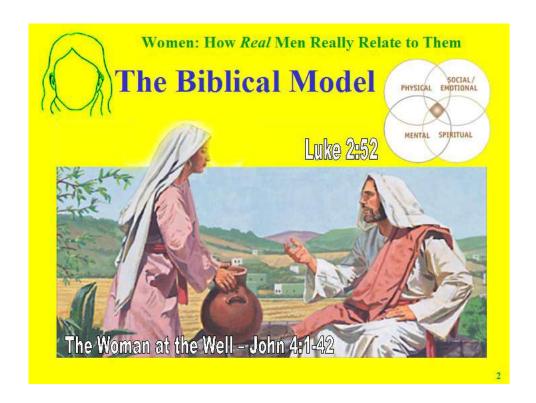


Women: How *Real* Men Really Relate to Them Transcript of a seminar by Lionel Hartley May 2014

Slide 1 - Welcome

Today's programme is directed toward the men folk. If you are not a man or boy, you are nevertheless still very welcome here, but do bear in mind that I am addressing my comments to the males here today.

'Why can't a woman be just like a man?' asks Professor Higgins in *My Fair Lady*. The answer is simple: if she were just like a man she would no longer be a woman at all! Men and women just *are* different. God fixed it that way. And we can all sympathise with the classic French reaction: 'Vive la différence!'



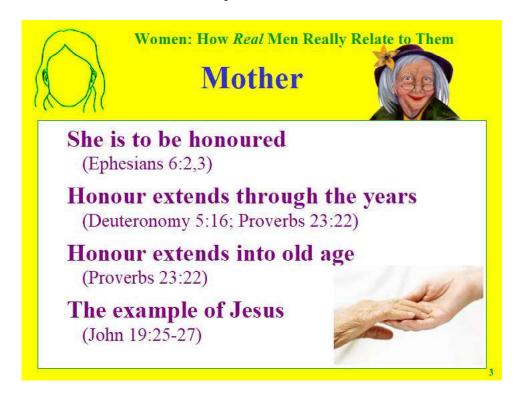
Slide 2 – The Biblical Model

Jesus got on well with womankind, even though he remained single for the kingdom's sake. Of all the gospel writers, Luke is the one who highlights this aspect of his life.

I have called this seminar, "Women: How Real Men Really Relate to Them" because relationships are *relate* — ionships. I am addressing this to REAL men, that is those who aspire to be Christ-like. Luke 2:52 says that he became a man by the development of all four dimensions of life: "And Jesus increased in wisdom (the mental dimension) and stature (the physical dimension), and in favor with God (the spiritual dimension) and man (the social dimension).

Since half the world's population is female, a man who can't get on with women is seriously handicapped in his social life. In this seminar, therefore, we explore the question of our attitude to women.

Let's begin with our relationship to the first woman we ever met—mother, our first lady.



Slide 3 - Mother

SLIDE OVERLAY - She is to be honoured

Father may be the head of the family, but the commandment to 'honour' extends to both parents. And there is a *promise* attached: Ephesians 6:2-3 says, 'Honour thy father and mother; which is the first commandment with promise; 3) That it may be well with thee, and thou mayest live long on the earth.'

Whether she is a believer or not is irrelevant to the issue of honour. Unless you want a life of problems followed by an early death, honour your mother. Proverbs 15:20 says 'A foolish man despises his mother'. Now you know why!

Honour includes *obedience* during the time we are young, living at home and under her care. God views that disobedience to mothers very gravely indeed.

A verse that I personally find very disturbing, is found in Proverbs 30:17 which reads: "The eye that mocketh at his father, and despiseth to obey his mother, the ravens of the valley shall pick it out, and the young eagles shall eat it." Such disobedience is a feature of that empty, powerless Christianity which some will profess in the last days. You can read about this for yourself in 2 Timothy 3:1-5.

SLIDE OVERLAY - Honour extends through the years

Honour also includes *respect*. Even if she demonstrates little to respect through her character and attitude, you must show due respect to your mother *just because she is your mother*.

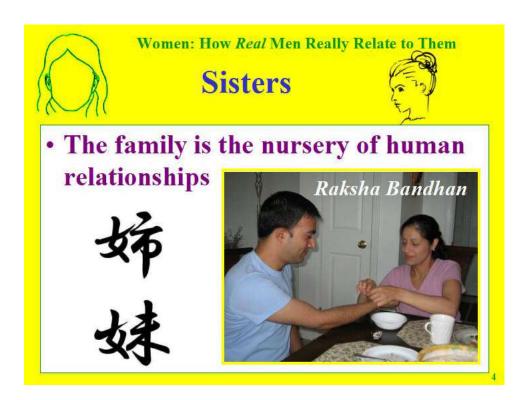
SLIDE OVERLAY - Honour extends into old age

This is easy to let slip when she becomes weak and dependent with old age: Proverbs 23:22 warns, 'Do not despise your mother {when} {she} {is} {old}.

SLIDE OVERLAY - The example of Jesus

Jesus honoured his mother, Mary, at all times. Even when racked with pain on the cross he gave attention to her needs, entrusting her to the care of John. (See John 19:25-27.)

When actively involved, as a grown man, in his public ministry, Jesus didn't allow himself to be pressured by his mother and her demands (Matthew 12:46-50), yet he clearly loved and honoured her. As a grown man, you too can honour your mother without allowing her to restrict your work or your movements.



Slide 4 - Sisters

Boys in a family have a tendency to look down on their sisters and treat them as 'mere girls', especially if they are younger. Sometimes this attitude can persist into adulthood.

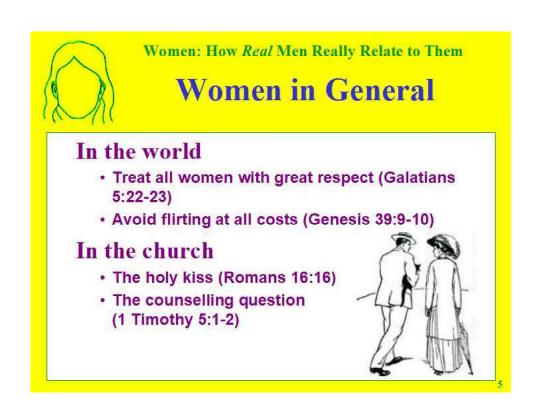
In God's purpose, the family is *the nursery of human* relationships. If you never learn to treat your sisters with a right attitude of *love, encouragement* and *protectiveness,* you will have problems treating women in general that way.

Mother and sisters are inextricably linked by their womanhood. A man who mistreats his mother is hardly going to treat his sisters properly, and his treatment of both will in due course extend to other women. The way a young man treats his mother, for example, is the way he will treat his wife when he gets one.

In some cultures, such as in India and in Indian communities around the world, a national day is celebrated to honour the relationship between brothers and sisters. It is called *Raksha Bandhan* or Brother's Day. On this day,

sister and brother get together if they can, the sister ties a short colourful cord, called a Rakhi, on her brother's wrist which he will wear all day. The brother gives his sister gifts such as cards, clothes, money or something thoughtful and promises to protect her. They share a meal together, hand-feeding each other with sweets or dried fruits and giving each other hugs.

In many languages, such as Japanese, there is a suffix or prefix appended to a proper noun to give honour to that person being addressed. In socio-linguistics this is called an "honourific". The deliberate choice of the honourific shows respect to the person being spoken to – for example if I addressed my big sister as "Onēsan" this is the same word I would use if I referred to any young lady. However if I addressed her as "Nēsan" I am showing respect to her as MY sister.



Slide 5 - Women in General

SLIDE OVERLAY - In the world

SLIDE OVERLAY - Treat all women with great respect (Galatians 5:22-23)

Treat women with respect, just as Jesus did. He never looked down on them, ridiculed them or walked roughshod over their feelings.

He was understanding and patient. He was a good listener. Notice how He dealt with the Samaritan woman in John 4. Even though many expositors of Scripture argue that she was of dubious moral character, He treated her with the utmost respect. 5:22-23 tells us the 'The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, *gentleness* and self-control.'

Here is one aspect of the Spirit's fruit that a man should develop in his relationships with women at every level. Vines Commentary on this text says, "Gentleness here is 'the opposite to self-assertiveness and self-interest".

So gentleness is being warm and considerate, qualities that flow from security in God and a reserve of inner power. The man who, by contrast, is pushy and self-assertive towards women is no real gentleman at all.

SLIDE OVERLAY - Avoid flirting at all costs (Genesis 39:9-10)

A man can 'catch' almost any woman if he really wants to. Though you may be tempted to put your skill to the test in this respect by flirting, resist it vigorously. Make up your mind never to start that process of meaningful looks, hint-loaded conversation and touch which plays with manwoman attraction without godly intention.

If ever you are sexually accosted by a woman, do what Joseph did—refuse adamantly. He said to Potiphar's wife, who was attempting to seduce him: Genesis 39:9-10 reveals that of Joseph said, "How then could I do such a wicked thing and sin against God" And though she spoke to Joseph day after day, he refused to go to bed with her or to be with her'

If necessary, follow Joseph's example and run away (v12). That's not weakness; it's a sign of spiritual strength and sound common sense.

SLIDE OVERLAY - In the church

All that I have shared in this section applies in the church, and to it we can add Paul's exhortation to the young man Timothy: 1 Timothy 5:1-2 has the Apostle Paul telling Timothy, 'Treat younger men as brothers, older women as mothers and younger women as sisters with absolute purity'.

SLIDE OVERLAY - The holy kiss (Romans 16:16)

'Greet one another with a holy kiss' (Romans 16:16) is Paul's word to the churches. Western culture has motivated J.B. Phillips to translate this verse (and similar ones in other letters): 'Give each other a hearty handshake all round'!

These days, however, the holy kiss or Christian embrace has again become common. When I preach in the Uniting Church, the Kiss of Peace is often celebrated during the service with a warm handshake or hug and the expression "God's peace be with you", "Peace be with you" or similar wording. They call this "Passing the Peace". Exercised with care, especially towards sisters in the Lord, it helps God's people avoid two extremes. One is the overtly sexual

touching of a permissive society, and the other is the starchy 'no touching' attitude which has so often in the past caused a feeling of physical isolation.

SLIDE OVERLAY - The counselling question (1 Timothy 5:1-2)

Should men counsel women? 1 Timothy 5:1-2 says 'Do not rebuke an older man, but exhort him as a father, treat younger men as brothers, older women as mothers and younger women as sisters with absolute purity

The word 'exhort' here addressed to Timothy, appears to refer to personal confrontation or counselling and, in the Greek, extends to both older and younger women. Such counselling is best done, however, with a third party present, to prevent the kind of impropriety which could easily develop in an intense counselling situation. Certainly the one man/one woman situation is best avoided. In my counselling practice, whenever I counselled a woman on her own, I always had either a secretary or my own wife seated at the reception desk or in the waiting room. On some occasions I invited a female colleague to attend. On a few occasions, during a counselling session, I would invite my receptionist to come into the room to give a distraught client a much-needed hug. I recently had a counselling session with a young woman here at this church and I invited a certain deaconess, known to the woman, to attend the session.



Women: How Real Men Really Relate to Them

Group Discussion

· Question 1.

It has been jokingly said that 'When God took Adam's rib to make Eve, what he really took was Adam's radar set'. Woman, in other words, has an intuition and sensitivity which most men lack.

Discuss how this shows in practice.

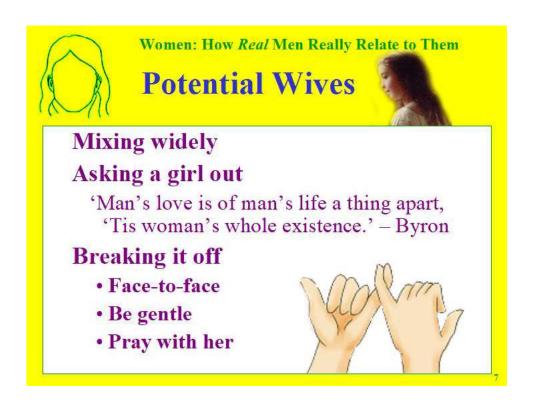
Give examples from experience.



Slide 6 - Group Discussion (Optional)

Question 1. A man once told me that their marital problem was definitely psycho-logical by rationalising that she is psycho and he is logical

It has been jokingly said that 'when God took Adam's rib to make Eve, what he really took was Adam's radar set'. Woman, in other words, has an intuition and sensitivity which most men lack. Discuss how this shows in practice. Give examples from experience.



Slide 7 - Potential Wives

SLIDE OVERLAY - Mixing widely

Single young men should mix widely with other singles of both sexes. It is in this kind of broad fellowship that a young man can best meet a possible future partner.

Here is an ideal opportunity for male initiative: the arranging of meetings and social occasions where this wide fellowshipping can take place.

SLIDE OVERLAY - Asking a girl out

In Bible times it was customary for parents to arrange marriages for their children, even though the attraction between two young people themselves might well have been the starting point. For example, Judges 14:1-2 says that 'Samson went down to Timnah and saw there a young Philistine woman. When he returned, he said to his father and mother, "I have seen a Philistine woman in Timnah; now please fetch her as my wife."

In western society, parents tend not to be involved in the same way. But, excepting during a leap year, the initiative in courtship is still viewed as lying with the young man. This does not rule out the right of a girl to make her feelings known, as Ruth illustrates (see Ruth 2:1 - 4:13, especially 3:1-9), though there were the special circumstances of the kinsman-redeemer and levirate marriage in her situation (which good commentary on the book of Ruth will explain).

A young man should not:

- adopt an over-casual approach by deliberately taking out a whole series of girls in turn.
- expect the Lord to say: 'This is the girl to marry' before even asking her out. This approach is likely to prove unreal and super-spiritual.

In taking a girl out and getting to know her better, he should be sensitive to her feelings. Knowing that, as

SLIDE OVERLAY - Byron said:

'Man's love is of man's life a thing apart,

'Tis woman's whole existence,'

he will not raise her expectations prematurely by talking too soon about the prospect of marriage.

SLIDE OVERLAY - Breaking it off

Once it becomes clear that such a friendship is not to end in engagement and marriage, it should be terminated. **SLIDE OVERLAY** - Do not do it by letter, SMS or email. This only documents the situation, providing a permanent platform for the girl's grief. Do it face to face.

SLIDE OVERLAY - Build the girl up. Her self-esteem will have taken a heavy blow, so leave her with something to hold on to by assuring her that you are a better person for having got to know her.

SLIDE OVERLAY - Then pray with her, committing your individual futures to the Lord.



Slide 8 - Steady Girlfriend or Fiancée

SLIDE OVERLAY - Take the lead

Begin to establish now the pattern of relationship that will mark your eventual marriage:

'The husband is head of the wife as Christ is the head of the church.' (Ephesians 5:23)

Take the lead in a kind and self-sacrificial way. Instinctively a woman wants to be led this way:

'Draw me after you and let us run together!' (Song of Solomon 1:4 NASB)

SLIDE OVERLAY - Keep the sexual urge under control

Here I cannot over-emphasise the importance of sexual restraint. During engagement (which is best kept reasonably short) this can be a particular pressure. Since you are 'promised' to each other there is temptation to anticipate the marriage.

Don't yield to this urge. Take the lead in avoiding stirring up strong desires that cannot legitimately be satisfied until after the wedding. The best way to do this is by frank communication and keeping the spiritual dimension of your relationship uppermost:

'Live by the Spirit, and you will not live the lusts of the flesh.' (Galatians 5:16 margin)

Be a man of principle in this respect and your eventual marriage will benefit immensely. I have been blissfully and securely married to Rosemary for well over a third of a century and our honeymoon still isn't over. The first time that I ever kissed Rosemary was on our wedding day, in the church, at the invitation of the minister as he pronounced us man and wife. In fact, a week before the wedding when I had both our families at my house having a Christmas meal together – getting to know each other – I overheard my mother tell my future mother-in-law, "The only female that Lionel has ever kissed is either a blood relative or on four legs. (I presume she was referring to the family cat.)

SLIDE OVERLAY - See her as a whole person

She has a mind, interests and opinions as well as a body. Therefore:

SLIDE OVERLAY - Don't treat her as a plaything

She is a real, whole person, not just a 'living doll'.

SLIDE OVERLAY - Don't idolise her

The 'I'm not worthy of you' approach produces selfdeprecation, a failure to give the proper lead and a tendency to give her whatever she wants (which means that, in practice, she leads).

SLIDE OVERLAY - Respect her individuality

God made us different for a reason. Our individuality was designed by Him so that we complement and balance each other not compete and beat each other.



Slides 9 & 10 - Continued

SLIDE OVERLAY - Recognise your differences

You and she are different, not just because you are two individuals but because she is a woman and you are a man. A woman's major needs include:

SLIDE OVERLAY - Security

This is a security that can best be found in a caring man—father or husband—who exercises responsible leadership.

SLIDE OVERLAY - Emotional expression

A woman needs to express her feelings, which play a larger part in her life than in a man's. A man tends to be more matter-of-fact and calculating.

A woman often does not understand why she feels as she does. Also, her monthly cycle and the accompanying hormonal changes can strongly affect her emotions, causing her, for example, to burst into tears for no apparent reason. At such times she needs, not explanations or analysis, but tender love and understanding. The wise man provides it.

SLIDE OVERLAY - Romance

Most men don't really know what romance is! But they can learn—and provide it. Here's my personal definition: Romance is the art of making someone feel special.

SLIDE OVERLAY - It includes *atmosphere*, which you can create with, say, candlelight and nice surroundings.

It includes *adventure*—taking her somewhere new or engaging in some novel activity.

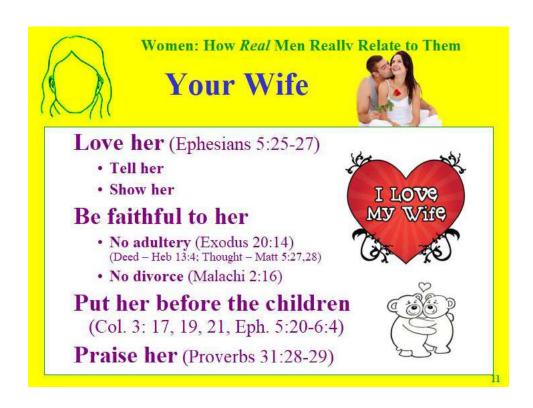
It includes *responsible extravagance*. Without being irresponsible, you should occasionally buy and give her

something that normally you wouldn't dream of purchasing, something non-essential, something luxurious. Birdie Yager wrote, "It is sometimes the inexpensive little acts of love that keep the spark of romance alive."

It includes *surprises*. Predictability and routine can be wearying at times; a pleasant surprise can bring instant refreshment. Organise one! My wife will tell you that I have never needed an excuse or special occasion to give her an 'I Love You' card, a budget bunch of flowers, or a personal gift. In fact she has told me not to buy any more gift soaps or lotions as she has several lifetimes supply.

Slide 10 (instead of overlay) - Communication

Many a man has been baffled by the words: 'Talk to me!' Don't try to understand it; just do it. In particular, tell her how you feel about her, about your relationship, about life, about circumstances.



Slide 11 - Wife

The key to a successful marriage is honest open communication about: functions, fellowship, family, friends, finance, friction, faith and the future.

SLIDE OVERLAY - Love her (Ephesians 5:25-27)

'Husbands, love your wives just as Christ loved the church and gave himself for her to make her holy, cleansing her by the washing with water through the word, and to present her to himself as a glorious church.'

Because the expression 'Love your wives' is a command, then it does not, therefore, refer to feelings or the sexual urge that, by their very nature, cannot be not subject to commands.

Paul makes it clear in this Scripture that 'love' here is what was exemplified by Jesus in his love for his bride, the church: He 'gave himself up for her' (v25). Husbandly love, therefore, is to be self-sacrificial. It means putting your interests second and hers first! A rhetorical question then: In the light of this, are you a truly loving husband?

SLIDE OVERLAY - Tell her

Don't be afraid to be effusive. Shortly after we were married, I recall my wife saying, "I love you", to which my natural response was, "I love you too". Then, I seem to recall that she surprised me by challenging, "Prove it to me – scream it to the world." So I whispered in her ear, "I love you".

She asked, "Why did you whisper it to me?" I responded, "Because you *are* my world."

SLIDE OVERLAY - Show her

Once a housewife asked her husband if he minded escorting her out to the rubbish wheelie bin. He asked why she would make such a silly request. She replied, "I just want to be able to tell the neighbours that we go out together once in a while."

While I was setting up for camp meeting at Watson Park in 2004, I overheard the following conversation that was worthy of recording in my journal:

'Hi, I'm Steve.'

'I'm Andrew. Say, You don't happen to have a broom that I could borrow?'

'A broom? Yeah, I've got one of those. But I don't know how it works. You see, I bought it for "the wife"!'

Men, don't be afraid of donning an apron and helping with the household chores. Actually before we were married, my shrewd future mother-in-law bought and gift-wrapped for me a plastic apron as an engagement present.

Love is always a verb – a doing word. So the best way to love is to do, even if it means learning how to use a broom.

"Men, be prepared to put your arms into her sink before you expect her to sink into your arms. (If you think dishwashing is women's work, read Matthew 23:25-26 which talks about men doing the washing-up and 2 Kings 21:13 which talks about men drying the dishes.)"

SLIDE OVERLAY - Be faithful to her

In your marriage vows you probably said something like 'till death do us part' or 'as long as we both shall live' to underscore your intention to be faithful. This means:

SLIDE OVERLAY - No adultery (Exodus 20:14)

That includes both the deed (Hebrews 13:4) and the thought (Matthew 5:27 & 28)

Note that these are New Testament verses, addressed to believers.

Our marriage contract is a covenant. Adultery often arises due to a misunderstanding of our marriage covenant. Is it the biblical model of "no outside sexual activity," or the worldly model of no outside sexual activity unless someone comes on to me, or (as Dr Marty Klein phrases it), unless "...I'm really turned on, drunk, or my moon is in the house of Aquarius."?

If you two do not agree on what your relationship covenant is (regardless of the topic—whether it's sex, money, religion, in-laws, or garlic before bedtime), you may be heading for trouble. One of you will do something that the person believes was permissible, and the other will disagree, and you'll both argue about who is right — which is not at all productive. You won't hear her; she won't hear you; and the neighbours will hear everything. If you do agree on the covenant that you have made, then the question becomes how much you trust each other to maintain your covenant. Breaking any important agreement in a relationship is a very serious matter, because it undermines our ability to trust each other.

SLIDE OVERLAY - No divorce (Malachi 2:16)

Don't let the possibility of divorce even enter your head. Verses to consider are Malachi 2:16, Matthew 5: 31 & 32 and Matthew 19:9.

And even if your wife is unfaithful, you don't have to divorce her; you could forgive her and rebuild the relationship. Better, however, to put divorce right out of your mind and work at a lasting and ever-improving marriage. In one of my seminars, I use the phrase, "Before divorce, try marriage." In other words, learn how to truly experience the joy of marriage.

SLIDE OVERLAY - Put her before the children

I am not embarrassed by the fact that I have been at least twice quoted by the media as saying that the best gift a father can give his son is to love the son's mother.

There is a clear order in Scripture for Christian husbands:

'Whatever you do, whether in word or deed, do it all in the glory of God giving thanks to God the Father through him . . . Husbands, love your wives and do not be harsh with them Fathers, do not embitter your children, or they will become discouraged.' (Colossians 3:17, 19, 21)

The order is: (1) the Lord; (2) your wife; (3) your children. The same order is apparent in Ephesians 5:20 - 6:4. When a man puts his children before his wife he sows the seeds of family chaos. See how Isaac and Rebekah caused lasting trouble for themselves this way in Genesis 27.

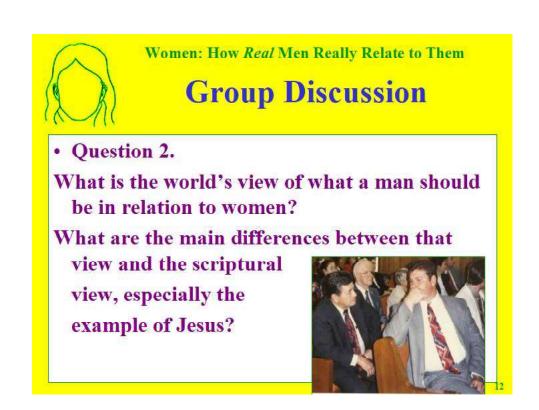
SLIDE OVERLAY - Praise her

The best way to praise your wife is frequently. Billy Sunday said, "Try praising your wife even if it does frighten her at first."

A wife responds strongly to words of praise and appreciation. Don't be content only to tell her that you love her. And I hope that you do it often. But commend her in particular areas.

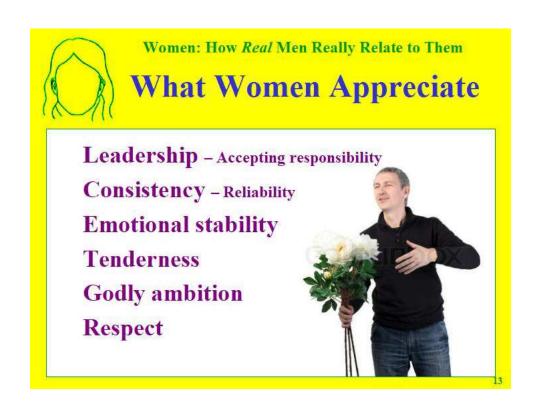
The Bible records King Lemuel sharing his mother's advice in Proverbs 31:28-29 by saying of the wife, 'Her children arise and call her blessed; her husband also, and he praises her [by saying] "Many women do noble things, but you have exceeded them all'

Why do the children in this Bible passage so naturally praise their mother? Doubtless because their father has frequently praised her in their presence and they are following his example. When did you last praise your wife?



Slide 12- Group Discussion (Optional)

Question 2. What is the world's view of what a man should be in relation to women? What are the main differences between that view and the scriptural view, especially the example of Jesus?



Slide 13 - What Women Appreciate

By way of summary, the following are the qualities that women tend to appreciate most in a man. Whether married or not, you can measure your manhood in relation to womankind against this list.

Where you find yourself lacking, let faith and holy determination reach to God to make up the deficiency:

SLIDE OVERLAY - Leadership: taking initiative, accepting responsibility, being decisive.

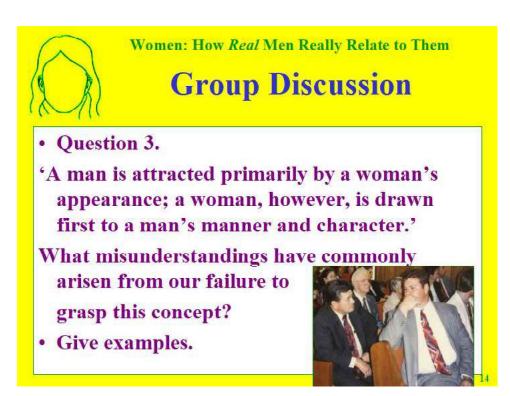
SLIDE OVERLAY - Consistency: being reliable, trustworthy and (in the best sense) predictable.

SLIDE OVERLAY - Emotional stability: not moody or prone to strong ups and downs.

SLIDE OVERLAY - Tenderness: strength tempered with gentleness and caring; power under control; consideration.

SLIDE OVERLAY - Godly ambition: not sitting back and letting life happen, but taking it in hand and shaping it.

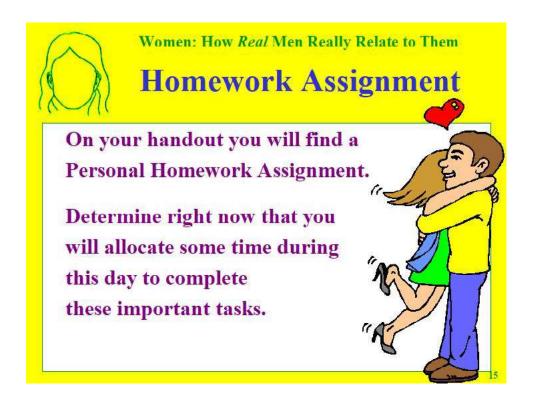
SLIDE OVERLAY - Respect. Love is what we give; respect for ourselves is what we earn; respect to others is what we owe. Finally, an Australian actor by the name of Russell Crowe was asked in an interview with Men's Journal magazine to comment on women, said, "Look, when it comes to women, you are talking about mysteries that haven't been unravelled by the wisest scholars of all time. I'm not going to be able to do that. But I can teach my sons to respect them."



Slide 14 - Group Discussion (Optional)

Question 3. 'A man is attracted primarily by a woman's appearance; a woman, however, is drawn first to a man's

manner and character.' What misunderstandings have commonly arisen from our failure to grasp this concept? Give examples.



Slide 15 – Homework Assignment

- 1. Review your relationship with your wife, mother and sisters. Are there past failings to seek their forgiveness for? Or present changes to make? Act accordingly.
- 2. List any new understandings about women that you have gained from this seminar. What steps can you take to ensure that you don't let them slip?
- 3. Think of the qualities that women appreciate that I have shared today: Leadership, Consistency, Emotional stability, Tenderness and Godly Ambition. Notice how they fit in with the biblical picture of Christian manhood. See them as an incentive to become a *real* man. Make this a matter of serious prayer.

4. What can I do today to honour my mother, my sister, my spouse, and my daughter? Write out a list, then act upon it today.



Slide 16 - Question time

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Seminar Handout

End-of-seminar Questions

8.

9.

True or False:	6
1. Mothers are to be honoured, even in weak-	Hann Dad Many
ness and old age.	MOM WEST MEN
2. Sisters are inferior and to be treated with	
condescension.	Really Relate to Then
3.	11/2011 1 11/2101 10/2 10 11 11/21 11
1. To run away from an openly seductive	
woman is a sign of wisdom and strength of character.	
5. One man/one woman counselling is a spiritual business and holds no dangers.	
6. Single men should avoid both casual romances and super-spiritual notions of finding the right	
partner.	
7. The best way to control the desires of the flesh is to live by the Holy Spirit.	

10. A man should often praise his wife in the presence of their children.

The kind of love husbands are commanded to show their wives is self-sacrificial love.

How to meet a woman's need for romance is something a man can learn.

Question 1. It has been jokingly said that 'when God took Adam's rib to make Eve, what he really took was Adam's radar set'. Woman, in other words, has an intuition and sensitivity which most men lack. Discuss how this shows in practice. Give examples from experience.

Group Discussions (Optional)

Question 2. What is the world's view of what a man should be in relation to women? What are the main differences between that view and the scriptural view, especially the example of Jesus?

Question 3. 'A man is attracted primarily by a woman's appearance; a woman, however, is drawn first to a man's manner and character.' What misunderstandings have commonly arisen from our failure to grasp this concept? Give examples.

Personal Homework Assignments

- Review your relationship with your wife, mother and sisters. Are there past failings to seek their forgiveness for? Or present changes to make? Act accordingly.
- List any new understandings about women that you have gained from this seminar. What steps can you take to ensure that you don't let them slip?
- Think of the qualities shared by Dr Hartley toward the close of this seminar: Leadership, Consistency, Emotional stability, Tenderness and Godly Ambition. Notice how they fit in with the biblical picture of Christian manhood. See them as an incentive to become a real man. Make this a matter of serious prayer.
- What can I do today to honour my mother, my sister, my spouse, and my daughter? Write out a list, then act upon it today.

'True or False' Answers 1.T 2.F 3.F 4.T 5.F 6.T 7.T 8.T 9.T 10.T

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